

ADVANCED AMINO ACIDS

100% HORMONE FREE HCG ALTERNATIVE

Our 100% Hormone-Free Advanced Amino Acid formula contains specific amino acids, herbs, vitamins and nutrients intended to support the same results of the human chorionic gonadotropin (HCG) hormone. The amino acids found in **Advanced Amino Acids** are certified pharmaceutical grade, manufactured according to GMP (Good Manufacturing Practices) in an FDA monitored facility in the U.S.A. These amino acids together with the herbs, vitamins and nutrients support muscle tissue, metabolism, the transport of fat, overall health and wellness and can be an aid in any diet.

Amino Acids

Amino Acids are the building blocks of proteins in the body. Protein makes up the muscles, tendons, organs, glands, nails, skin and hair. Growth, repair and maintenance of all cells are dependent upon amino acids and proteins that form them. Next to water, protein makes up the greatest portion of our body weight. The amino acids found in **Advanced Amino Acids** include:

- **Arginine** supports the natural production of Growth Hormone (GH) and supports muscle recovery. GH is produced naturally in the body and is necessary for optimal muscle and tissue repair following workouts.
- **L-Carnitine** is produced by the body in the liver and kidneys and stored in the skeletal muscles, heart, brain, and sperm. One of its primary functions is to support the transport of fat into the cell to be burned for energy production.
- **Glutamine** is the most abundant amino acid found in muscles; it helps build and maintain muscle tissue when combined with weight training. Glutamine also supports the natural production of GH.
- **Ornithine** helps to prompt the release of growth hormones which promote the metabolism of excess body fat (this effect is enhanced if combined with Arginine).
- **Beta-Alanine** is a non-essential amino acid and is the only naturally occurring beta-amino acid found in humans. Research indicates that supplementation with Beta-Alanine increases the concentration of carnosine in muscles, decreases fatigue in athletes and increase total muscular work done. When combined with exercise Beta-Alanine can support muscle growth and fat metabolism.



Herbals and Nutrients

These other natural supplements aid in increasing energy, stamina and endurance, reducing fat, improving mood and providing additional nutrients to support the Simeons Diet

- **Maca** is a Peruvian root that supports energy and stamina, quality of sleep, and reduce stress. Known as an adaptogen, Maca has been used for centuries in Peru to combat fatigue, weakness, and support greater adaptation to exercise. Maca contains many fatty acids, minerals and vitamins such as calcium, magnesium, silica, amino acids, antioxidants, alkaloids and sterols; Maca can be an aid in any diet.
- **Niacin** is a B vitamin (Vitamin B₃) known to support the production of hormones that are beneficial to the body. All B vitamins assist in conversion of carbohydrates to energy. B vitamins also support the metabolism of fats and proteins. Niacin supports circulation and healthy cholesterol levels already within the normal range and it is important to the health of the nervous system, digestive tract, skin, eyes and hair.

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- **PygeumAfricanum** is a species of evergreen tree. Its bark is often used as a natural anti-inflammatory, promote kidney health and fight against infection. Pygeum supports overall health and wellness.
- **RhodiolaRose** is another adaptogenic plant known to improve physical and mental performance, reduce fatigue, enhance mood and improve endurance. Rhodiola is also known to support the nervous system, memory, metabolism, and recovery time.
- **AstragalusRoot** supports the immune system, healthy blood pressure and overall health.

Dosage

Take 10 drops 3 times a day as needed for hunger or energy.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.